

MIO Catering Menu 2018

TEL: 416 364-9740 **www.mioristobar.com**

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[email form to: catering@mioristobar.com](mailto:catering@mioristobar.com)

Company: _____ **FLR:** _____

Address: _____

Contact: _____ **TEL:** _____

BREAKFAST Minimum Orders 8

CONTINENTAL PLATTER mixed platter with condiments # 3.90

add muffins # loafs # scones # 3.00

add croissants plain # whole wheat # chocolate # 3.70

BREAKFAST SANDWICHES on english muffin

Bacon egg, cheddar, arugula, bacon 4.30

Vegetarian egg, cheddar, arugula, tomato 4.30

Smoked Salmon egg, cucumber, cream cheese 5.40

Turkey Wrap egg, tomato, arugula 4.60

Quesadilla egg, tomato, mozzarella 4.25

Scrambled Eggs 4.25

Omelette mozzarella, mushroom 4.60

add sausage # bacon # potato # toast # 1.75

Yogurt Granola Parfait 5.00

Muesli oats, nuts, raisins, berries, yogurt 5.00

Fruit Cup 4.25

SANDWICHES on whole wheat, grain, ciabatta

Chicken Salad chicken breast, carrot, celery mayo 8.00

Tuna Salad carrot, celery, parsley, mayo 8.00

Egg Salad chopped egg, parsley, mayo 7.50

Caprese bocconcini, tomato, spinach, almond pesto mayo 8.00

Turkey tomato, provolone cheese, cranberry mayo 8.00

Roast Beef carmalized onion, fontina 8.00

Smoked Salmon cream cheese, tomato, arugula 8.75

PANINI & HOT SANDWICHES

Chicken Panini fontina, arugula, peperoncino mayo 9.00

Prosciutto Panini salami, bocconcini, pesto mayo 9.00

Ham Panini ham, fontina, dill pickle, dijon mayo 9.00

Chicken Parmesan mushrooms, peppers carmalized onion 10.00

Veal Parmesan mushrooms, peppers carmalize onion 10.00

Eggplant Parmesan mushrooms, peppers carmalized onion 10.00

SALADS

Organic Greens carrot, cherry tomato, red onion 4.50

Arugula Salad cherry tomato, padano, toasted almond 4.75

Caesar Salad croutons, parmesan, lemon 4.50

Mediterranean tomato, pepper, cucumber, feta, olives, onion 4.75

Bean & Artichoke Salad 4.50

Grain Salad 4.75

Pasta Salad 4.50

Potato Salad 4.50

Tomato & Bocconcini Salad 4.75

ADD PROTEIN on an individule salad or platter

Grilled Chicken Breast 8.00

Charred Chilled Salmon 9.00

Smoked Salmon 8.00

Beef Stiplion 9.00

PIZZA

10'- 6 slices 19.00 or 24pc party size 47.00

Fungi caramelized onions, fontina, mozzarella

Diavola spicy soprosatta, salami mozzarella, basil

Americano pepperoni, sweet peppers

Margaretta mozzarella, basil

PLEASE PLACE ORDERS BEFORE 2PM FOR THE NEXT DAY

TIME: _____

DAY: _____ **DATE:** _____ **MONTH:** _____

People: _____ Disposables _____ YES _____ NO

Credit Card # _____

Expiry Date: _____ Add %15 Tip _____ YES _____ NO

EMAIL: _____

PLATTERS Sml (5-8 people) Med (9-12 people) Lrg (13-20 people)

Seasonal Fruit

sml 32.00 med 52.00 lrg 72.00

Local & Import Cheese

sml 55.00 med 85.00 lrg 115.00

Vegetables with Housemade Dip

sml 29.00 med 49.00 lrg 59.00

Grilled Vegetables

sml 45.00 med 65.00 lrg 75.00

Seafood Platter minimum order 10 15.00pp

shrimp, scallops calamari, smoked salmon

HOT MEALS minimum order 8

Grilled Salmon 13.00

Grilled Chicken Breast 11.00

Chicken Scalopini capers, lemon 11.00

Chicken Parmesan 11.00

Veal Parmesan 11.00

SIDES

Roast Potatoes 4.50

Rice 4.50

Penne Pomodo 4.50

Seasonal Vegetables 4.75

Fococcia Bread 1.50

PASTA

Pasta choices Penne or Rigatoni

Beef meatballs, tomato sauce, parmesan 18.00

Italian sausage, tomato brushetta, parmesan 18.00

Chicken, sundried tomato, spinach, basil pesto 18.00

Lasagna or Eggplant Parmesan half tray 9pc 80.00

Lasagna or Eggplant Parmesan whole tray 18pc 140.00

SWEETS

PLATTER assorted tarts, squares, biscotti

sml 29.00 med 42.00 lrg 54.00

INDIVIDUAL

Squares # Tarts # Loafs # Biscotti # 3.25

BEVERAGES

Flat Water # Mineral Water # 2.00

Pepsi # Diet Pepsi # Ginger ale # Diet Ginger ale # 2.25

San Pellagrino Limonata # Aranciata # Aranciata Rose # 2.50

Simply Apple # Simply Lemonade # 2.70

Pure Leaf Ice Tea # 2.75

Fresh Squeezed Juice Orange # Grapefruit # 3.00

Coffee Illy Coffee (apx. 10 x 8oz cups) 27.00

Tea (apx. 10 x 8oz cups) 25.00

SPECIAL INSTRUCTION
